

1000

1000 FEET DEEP

MASTERY PACKAGE • CLIENT GUIDE

YOUR COACHING JOURNEY

Everything you need to know in one place: what happens, when it happens and what to prepare.

0 FT

250 FT

500 FT

1000 FT

YOUR COACH

Dan Urquhart

THE QUESTION WE ANSWER

Are we structurally sound, or just
momentarily stable?

01 • THE JOURNEY

SIX STEPS FROM HERE TO PERFORMANCE

Tick each step off as you go. You'll always know where you're up to and what's next.

01 PICK YOUR PACKAGE ☐

You've chosen Mastery. Welcome aboard.

02 SIGN THE QUOTE ☐

Sign and return your quote to lock in your program.

03 BOOK YOUR DATES ☐

Lock in both Masterclass days, your five coaching sessions and your New Year launch.

04 DO YOUR PREP ☐

DISC, the Performance Driven Teams survey (if applicable) and some pre-reading. See page 3.

05 MASTERCLASS ☐

Two days where we take you from information to integration.

06 COACHING ☐

Five partnership sessions that take you from integration to performance transformation.

YOUR KEY DATES

MASTERCLASS DAY 1
[date]

MASTERCLASS DAY 2
[date]

COACHING SESSION 1
[date]

COACHING SESSION 2
[date]

COACHING SESSION 3
[date]

COACHING SESSION 4
[date]

COACHING SESSION 5
[date]

NEW YEAR LAUNCH
[date]

D DAY PREP
(OPTIONAL)
[date]

02 • BEFORE YOUR MASTERCLASS

COME PREPARED

Your Masterclass is the launchpad for your Hand Head Heart© journey. We spend it building, not catching up. The more you bring in, the more you take out.

DO BEFOREHAND

- ☐ Complete your DISC profile. Everyone attending gets their own link from us.
- ☐ Have your team complete the Performance Driven Teams survey (if it's in your program).
- ☐ Watch the Welcome videos and read workbook pages 1 to 13 (about 18 minutes).
- ☐ Write down your three biggest leadership, team or culture challenges right now.

BRING ON THE DAY

- ☐ Your calendar for a typical week, as it currently looks
- ☐ Your org chart, even if it's a sketch
- ☐ Any mission, vision or values statements
- ☐ Any existing job descriptions

We may not work through all of it on the day, but it orients us so we can help you fine-tune and get ahead.

GETTING ACCESS TO THE PROGRAM

Once your quote is signed and paid, we'll email you a link to set your password and access the videos and workbook (one user logged in at a time). Your printed Hand Head Heart© handbook is provided on the day.

YOUR MASTERCLASS COVERS

- Intro to the Hand Head Heart© program
- IMST: Influence, Mindset, Styles, Traits
- Performance Driven Teams survey
- Seasons and your Capacity-Driven Leader Calendar
- Company structure
- Foundations of Performance
- DISC
- Core Purpose©
- Mission, Vision and Core Values
- Position Profile template for your team

03 • YOUR COACHING

FIVE SESSIONS. REAL ISSUES. REAL CHANGE.

STAGE 1

INFORMATION

You learn the material: the videos and the workbook.

STAGE 2

INTEGRATION

You put it to work with your team and your business.

STAGE 3

TRANSFORMATION

It becomes how you lead and how your team performs.

OUR SESSIONS ARE NOT A RECAP

You do the prep before we meet. We spend our time on the real issues that come up as you put it into practice, so every session moves you forward.

YOUR PART

Do the prep before every session

Try it with your team

Bring your questions, wins and roadblocks

DAN'S PART

Prep email sent before each session

Coaches you through your real-time issues

Holds you to the standard you've set

THE RHYTHM OF EVERY SESSION

1**PREP EMAIL ARRIVES**

Before each session, with your topic and what to prepare as a team.

2**YOU DO THE PREP**

Watch, read and complete the activities where you can.

3**BRING THE REAL ISSUES**

What's working, what's stuck, what's happening now.

4**LEAVE WITH ACTIONS**

Agreed next steps to put to work before we meet again.

04 • YOUR TOPICS

YOUR FIVE SESSIONS

Your five sessions cover all 11 topics. Phase 1 lays the foundations, Phase 2 builds your structure and systems. At your November strategy session, tick your top five and we'll lock in what's next.

SESSION	TOPIC	PAGES	VIDEO	COMMITMENT	TOP 5
PHASE 1 • SESSIONS 1 TO 3					
1	01 Leadership: Influence, Mindset, Styles and Traits	14-33	26 min	Easy	☐
	02 Core Purpose©: It's About Time	34-57	22 min	Intensive	☐
2	03 Culture, Mission, Vision and Core Values	58-85	22 min	Moderate	☐
3	04 Performance Plan and Organisational Structure	87-94	16 min	Moderate	☐
	05 Position Profiles: Roles, Mindset and Behavioural Profiles	95-99	9 min	Easy	☐
PHASE 2 • SESSIONS 4 AND 5					
4	06 Job Descriptions, Goals and KPIs	100-113	10 min	Intensive	☐
	07 Systems, Process and Procedures: the 4 C's	114-121	8 min	Intensive	☐
	08 Communication: The Exchange Zone	122-128	10 min	Easy	☐
5	09 Communication: Meetings, Non-Negotiables, Touchpoints, Tripwires	129-146	23 min	Moderate	☐
	10 Accountability: Hand Head Heart©	147-156	10 min	Moderate	☐
	11 Recruit and Retain, and Business Governance	157-171	21 min	Moderate	☐

Easy quick to integrate, fast wins · **Moderate** needs thoughtful time · **Intensive** deeper reflection and extended time

SUCCESS HAS WEIGHT

Together, we'll make sure you and your team can carry it.

QUESTIONS? TALK TO
THE 1000 FEET DEEP TEAM

0411 601 518

admin@1000feetdeep.com.au